

The Sport Skill Model For Soft Skill Acquisition™



Becoming Skilled Interpersonally

The specific 'composite' skills take research, work place psychology training and observation of 'experts at work' to develop

Learn

Learn each skill

Apply it-on-the-Job

Play

Becoming Skilled At Sports

The specific skills have developed over years of coaching and tradition, e.g. in basketball = dribble, shoot, block, pass

Try it on

Try it on with guidance

Use it in Role Plays

Use it in scrimmage

Drill it

Practice it - Get Feedback

